

# Psoriatic arthritis discussion guide

Your answers indicate that you have not experienced the symptoms commonly associated with psoriatic arthritis.

It is always important to talk to your doctor about any medical concerns you may have.

## Your results

### Skin question:<sup>1,2</sup>

- 1) Have you ever had red, scaly patches of skin, or been diagnosed with psoriasis? ☒

### PEST screener:<sup>3</sup>

- 1) Have you ever had a swollen joint (or joints)? ☒
- 2) Has a doctor ever told you that you have arthritis? ☒
- 3) Do your fingernails or toenails have holes or pits? ☒
- 4) Have you had pain in your heel? ☒
- 5) Have you had a finger or toe that was completely swollen and painful for no apparent reason? ☒



This symptom checker is based on a psoriatic arthritis screener called the Psoriasis Epidemiology Screening Tool (PEST).<sup>3</sup>

Go to: [www.doublewhammy.co.nz](http://www.doublewhammy.co.nz)

#### REFERENCES:

1. American College of Rheumatology. Psoriatic arthritis. Available at: [www.rheumatology.org/Practice/Clinical/Patients/Diseases\\_And\\_Conditions/Psoriatic\\_Arthritis/](http://www.rheumatology.org/Practice/Clinical/Patients/Diseases_And_Conditions/Psoriatic_Arthritis/) [Last accessed: November 2017]. 2. Fitzgerald, O. 2013. Psoriatic arthritis. In: Firestein, GS, et al. Kelley's Textbook of Rheumatology. Philadelphia: Elsevier, 1232–1268. 3. Ibrahim GH, et al. Clin Exp Rheumatol. 2009;27:469–474.

GBL/PSA/0715/0195a

The Double Whammy initiative and this website are organised and funded by AbbVie Limited, Wellington. TAPS PP1555. NZ-HUMS-0091. Date of Preparation November 2017.

abbvie